



## RAISING MEAL WORMS

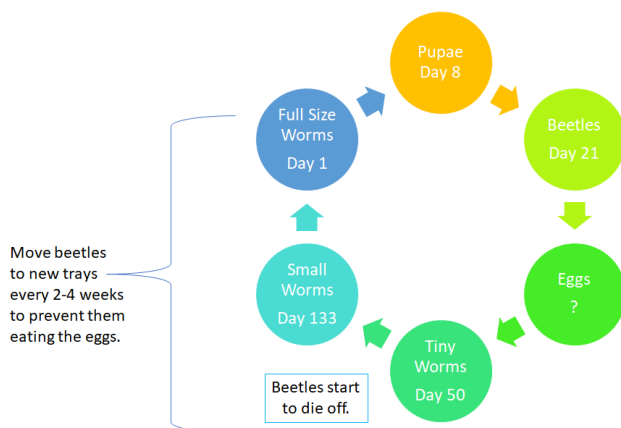
Here's all the information you'll need!

### FIRST THINGS FIRST

<b>Storage:</b>	Bins or trays? You'll need to feed them regularly
<b>Food:</b>	Flaky things: oats, oat bran, wheat bran (not flour)
<b>Liquid:</b>	All liquid comes from fruit or vegetables – carrots, potatoes, apples
<b>Worms:</b>	Decide how many to buy – Want a few to start? Head to your local pet shop.

### INSTRUCTIONS

<b>Food:</b>	Line your tray with an inch of flakes.
<b>Bedding/terrain:</b>	The flakes act as bedding but the worms also need things to crawl on and hide under. Old egg cartons or toilet paper rolls are great.
<b>Liquid:</b>	Add in carrots, apples potatoes – anything that isn't too damp. You don't want anything that will rot or cause the flakes to get moldy. Change 2-4 times per week, they need the liquid to survive.
<b>Air:</b>	Make sure there's lots of space for fresh air. Stagger the drawers or cut out sections and add screening.
<b>Transfers:</b>	Once the beetles emerge you'll need to transfer them to new drawers every 2-4 weeks to prevent them from eating their eggs or newly hatched mealworms.
<b>Waste:</b>	You'll notice waste start to accumulate at the bottom of the tray. Don't throw it out until you're sure there aren't any eggs or baby worms in there. Wear a mask when you dispose of the waste. The dust particles get into the air and can irritate your lungs.



Keep in mind that each beetle will lay a few hundred eggs.

Meal worms are the larval stage of the Darkling beetle.

Complete life cycle can be between 5 and 12 months, depending on conditions.





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